

# KURSE

GÜLTIG AB 01. OKTOBER 2024

Nord

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
	09.30 – 10.30 Pilates	09.00 – 10.00 Bodyforming			10.00 – 11.00 Dance	
					11.00 – 11.30 bootyBoost	10.30 – 11.30 Dance
						11.30 – 12.30 Bodyforming
17.30 – 18.30 BodyPump	17.30 – 18.00 Core	17.15 – 17.45 Grit	17.30 – 18.00 Core	17.30 – 18.30 BodyPump		
18.45 – 19.45 BodyAttack	18.00 – 18.30 LMI Step	18.00 – 19.00 BodyPump	18.00 – 19.00 BodyCombat	18.45 – 19.45 BodyAttack		
19.45 – 20.45 BodyBalance	18.30 – 19.30 BodyCombat	19.15 – 20.00 Shapes	19.00 – 20.00 Dance			
	19.30 – 20.30 BodyBalance					



Öffnungszeiten: Mo – Fr 07.00 – 22.30 Uhr | Sa, So & feiertags 09.00 – 20.00 Uhr

Allgemeine Informationen: [www.fitnessloft-nord.de](http://www.fitnessloft-nord.de) | [f /die.Fitness.Lofts](https://www.facebook.com/die.Fitness.Lofts) | [@fitness\\_lofts](https://www.instagram.com/@fitness_lofts)

Fitness-Loft Nord | Elisabeth-Geißler-Ruckmich-Straße 8 | 79106 Freiburg | Telefon 0761 – 769 90 60

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# KURSE

Haid

GÜLTIG AB 01. OKTOBER 2024

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
09.30 – 10.15 Shapes	09.30 – 10.30 Pilates	09.30 – 10.30 Mobility	09.30 – 10.30 Pilates	09.30 – 10.30 Dance	09.30 – 10.30 Pilates	09.30 – 10.30 Mobility
	10.30 – 11.00 Mobility			10.30 – 11.30 World Jumping	10.30 – 11.30 BodyAttack	10.30 – 11.30 Dance
		17.00 – 17.30 bootyBoost			11.30 – 12.30 BodyBalance	
17.00 – 18.00 BodyPump	17.30 – 18.30 BodyCombat	17.30 – 18.00 Core	17.00 – 18.00 Dance	16.30 – 17.30 Pilates	16.30 – 17.30 Bodyforming	
18.15 – 19.15 Bodyforming	18.30 – 19.30 Dance	18.00 – 19.00 Dance	18.00 – 18.30 Grit	17.30 – 18.30 BodyPump		
19.15 – 20.15 World Jumping	19.30 – 20.30 Bodyforming	19.00 – 20.00 Bodyforming	18.30 – 19.30 BodyCombat			18.00 – 19.00 BodyBalance
20.15 – 21.15 BodyAttack		20.00 – 21.00 World Jumping	19.30 – 20.30 BodyPump			

**Öffnungszeiten:** Mo – Fr 07.00 – 22.30 Uhr | Sa, So & feiertags 09.00 – 20.00 Uhr

**Allgemeine Informationen:** 🌐 [www.fitnessloft-freiburg.de](http://www.fitnessloft-freiburg.de) | [f /die.Fitness.Lofts](https://www.facebook.com/die.Fitness.Lofts) | [@fitness\\_lofts](https://www.instagram.com/fitness_lofts)

**Fitness-Loft Haid** | Waltershofener Str. 2 | 79111 Freiburg | Telefon 0761 – 55 65 59 33

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# KURSE

West

GÜLTIG AB 01. OKTOBER 2024

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
09.30 – 10.30 Bodyforming	09.30 – 10.30 Dance	09.30 – 10.30 World Jumping		09.30 – 10.30 Bodyforming		
		10.30 – 11.30 Bodyforming			10.30 – 11.30 BodyPump	10.30 – 11.30 Piloxing
					11.45 – 12.15 Core	11.30 – 12.30 World Jumping
17.00 – 17.30 Core	16.45 – 17.45 BodyPump	16.30 – 17.30 Bodyforming	17.00 – 18.00 Pilates	16.30 – 17.00 bootyBoost		
17.30 – 18.30 BodyBalance	18.00 – 18.30 Core	17.30 – 18.30 BodyCombat	18.00 – 19.00 Mobility	17.00 – 17.30 Core		
18.30 – 19.30 BodyCombat	18.30 – 19.30 Piloxing	18.30 – 19.30 BodyBalance	18.30 – 19.30 Box Workout <i>Trainingsfläche</i>	17.30 – 18.30 Dance		
19.30 – 20.30 BodyPump	19.30 – 20.30 World Jumping	19.30 – 20.30 BodyPump	19.00 – 20.00 Dance	18.30 – 19.30 BodyBalance		
	20.30 – 21.00 bootyBoost		20.00 – 21.00 World Jumping	19.30 – 20.30 BodyPump		



**Öffnungszeiten:** Mo – Fr 07.00 – 22.30 Uhr | Sa, So & feiertags 09.00 – 20.00 Uhr  
**Allgemeine Informationen:** [www.fitnessloft-west.de](http://www.fitnessloft-west.de) | [/die.Fitness.Lofts](https://www.facebook.com/die.Fitness.Lofts) | [@fitness\\_lofts](https://www.instagram.com/fitness_lofts)  
**Fitness-Loft West** | Breisacher Straße 151 | 79110 Freiburg | Telefon 0761 – 870 70 40

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# KURSE

Landwasser

GÜLTIG AB 01. OKTOBER 2024

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
		09.30 – 10.30 Pilates				
						10.15 – 11.15 BodyPump
				17.00 – 17.45 BodyBalance		11.30 – 12.30 Bodyforming
18.15 – 19.15 Dance	18.00 – 19.00 Dance	18.00 – 19.00 BodyBalance	18.00 – 19.00 BodyPump			
19.15 – 20.15 BodyPump	19.00 – 20.00 Bodyforming	19.00 – 19.30 HIT	19.15 – 19.45 Mobility			
20.30 – 21.00 Mobility		19.30 – 20.00 Core				



**Öffnungszeiten:** Mo – Fr 07.00 – 22.30 Uhr | Sa, So & feiertags 09.00 – 20.00 Uhr

**Allgemeine Informationen:** [www.fitnessloft-landwasser.de](http://www.fitnessloft-landwasser.de) | [/die.Fitness.Lofts](https://www.facebook.com/die.Fitness.Lofts) | [@fitness\\_lofts](https://www.instagram.com/@fitness_lofts)

**Fitness-Loft Landwasser** | Auwaldstraße 90 | 79110 Freiburg | Telefon 0761 – 70 88 370

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# KURSE

GÜLTIG AB 01. OKTOBER 2024

Güterbahnhof

**MONTAG**

**DIENSTAG**

**MITTWOCH**

**DONNERSTAG**

**FREITAG**

**SAMSTAG**

**SONNTAG**



18.30 – 20.00  
**Box Fitness**  
Trainingsfläche

18.30 – 19.30  
**Functional Power Workout**  
Trainingsfläche

18.30 – 19.30  
**Functional Power Workout**  
Trainingsfläche

18.30 – 20.00  
**Box Fitness**  
Trainingsfläche



**Öffnungszeiten:** Mo – Fr 09.00 – 22.30 Uhr | Sa, So & feiertags 09.00 – 20.00 Uhr

**Allgemeine Informationen:** [www.fitness-lofts.de](http://www.fitness-lofts.de) | [f /die.Fitness.Lofts](https://www.facebook.com/die.Fitness.Lofts) | [@fitness\\_lofts](https://www.instagram.com/@fitness_lofts)

**Fitness-Loft Güterbahnhof** | Zollhallenstraße 8 | 79106 Freiburg | Telefon 0761 – 585 393 97

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## Gundelfingen Nord

GÜLTIG AB 01. OKTOBER 2024

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
		09.30 – 10.30 Bodyforming				
		10.30 – 11.00 Mobility				10.30 – 11.30 BodyPump
17.00 – 17.30 bootyBoost						11.45 – 12.15 Mobility
17.30 – 18.30 BodyBalance	17.30 – 18.30 Pilates	17.30 – 18.30 Dance		17.30 – 18.30 BodyPump	18.00 – 19.00 Bodyforming	
18.30 – 19.30 BodyPump	18.30 – 19.00 Core	18.30 – 19.00 bootyBoost	18.45 – 19.45 Dance	19.00 – 20.00 Cardio		
19.45 – 20.15 Mobility	19.15 – 20.15 BodyPump	19.00 – 19.30 Mobility				

**Öffnungszeiten:** Mo – Fr 09.00 – 22.30 Uhr | Sa, So & feiertags 09.00 – 20.00 Uhr

**Allgemeine Informationen:** [www.fitnessloft-gundelfingen-nord.de](http://www.fitnessloft-gundelfingen-nord.de) | [f /die.Fitness.Lofts](https://www.facebook.com/die.Fitness.Lofts) | [@fitness\\_lofts](https://www.instagram.com/@fitness_lofts)

**Fitness-Loft Gundelfingen Nord** | Industriestraße 61 | 79194 Gundelfingen | Telefon 0761 – 589 940 62

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GÜLTIG AB 01. OKTOBER 2024

**MONTAG**

**DIENSTAG**

**MITTWOCH**

**DONNERSTAG**

**FREITAG**

**SAMSTAG**

**SONNTAG**



18.00 – 19.00

**Functional Fitness**

*Trainingsfläche*

18.00 – 19.00

**Functional Fitness**

*Trainingsfläche*

18.00 – 19.00

**Functional Fitness**

*Trainingsfläche*



**Öffnungszeiten:** Mo – Fr 09.00 – 22.30 Uhr | Sa, So & feiertags 09.00 – 20.00 Uhr

**Allgemeine Kursinformationen:** [www.fitnessloft-gundelfingen-sued.de](http://www.fitnessloft-gundelfingen-sued.de) | [f /die.Fitness.Lofts](https://www.facebook.com/die.Fitness.Lofts) | [@fitness\\_lofts](https://www.instagram.com/@fitness_lofts)

**Fitness-Loft Gundelfingen Süd** | Alte Bundesstraße 1 | 79194 Gundelfingen | Telefon 0761 – 58 99 66 85

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# KURSE

Denzlingen

GÜLTIG AB 01. OKTOBER 2024

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
09.45 – 10.45 Cardio		09.30 – 10.30 Pilates				
10.45 – 11.15 Mobility		10.30 – 11.00 Mobility			10.30 – 11.30 BodyPump	10.00 – 11.00 Mobility
17.00 – 17.30 Core	17.30 – 18.15 Bootcamp <i>Trainingsfläche</i>	17.00 – 18.00 BodyPump	17.45 – 18.45 BodyPump			11.00 – 12.00 Dance
17.30 – 18.30 BodyPump	18.30 – 19.30 BodyPump	18.15 – 18.45 Grit	18.00 – 18.45 Bootcamp <i>Trainingsfläche</i>			
18.45 – 19.45 Dance	19.45 – 20.15 Mobility		19.00 – 19.30 Mobility			

**Öffnungszeiten:** Mo – Fr 09.00 – 22.30 Uhr | Sa, So & feiertags 09.00 – 20.00 Uhr

**Allgemeine Informationen:** [www.fitnessloft-denzlingen.de](http://www.fitnessloft-denzlingen.de) | [/die.Fitness.Lofts](https://www.facebook.com/die.Fitness.Lofts) | [@fitness\\_lofts](https://www.instagram.com/@fitness_lofts)

**Fitness-Loft Denzlingen** | Markgrafenstraße 125/12 | 79211 Denzlingen | Telefon 07666 – 88 200 44

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# KURSE

GÜLTIG AB 01. OKTOBER 2024

## Emmendingen

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
09.30 – 10.30 Mobility	09.30 – 10.30 Bodyforming	09.30 – 10.30 Pilates	09.30 – 10.00 Core		09.30 – 10.30 Mobility	
		10.30 – 11.00 Cardio	10.00 – 10.30 bootyBoost		10.30 – 11.30 Dance	10.30 – 11.30 BodyPump
17.15 – 17.45 Grit	17.15 – 18.00 Mobility	17.30 – 18.30 Mobility	17.00 – 17.45 Shapes	17.45 – 18.30 Core		
18.00 – 19.00 BodyPump	18.00 – 19.00 Box Fitness	18.30 – 19.30 Dance	18.00 – 19.00 BodyCombat	18.30 – 19.30 BodyPump		
19.15 – 20.15 BodyBalance	19.00 – 19.30 Core	19.30 – 20.30 BodyPump	19.00 – 20.00 BodyPump	19.40 – 20.10 Mobility		
	19.30 – 20.00 bootyBoost					



**Öffnungszeiten:** Mo – Fr 07.00 – 22.30 Uhr | Sa, So & feiertags 09.00 – 20.00 Uhr

**Allgemeine Informationen:** 🌐 [www.fitnessloft-emmendingen.de](http://www.fitnessloft-emmendingen.de) | [f /die.Fitness.Lofts](https://www.facebook.com/die.Fitness.Lofts) | [@fitness\\_lofts](https://www.instagram.com/@fitness_lofts)

**Fitness-Loft Emmendingen** | Am Elzdamm 41/2 | 79312 Emmendingen | Telefon 07641 – 96 86 10

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# KURSE

GÜLTIG AB 01. OKTOBER 2024

Breisach

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
	09.30 – 10.30 Bodyforming	09.30 – 10.30 Bodyforming		09.30 – 10.30 Rückenfit	10.00 – 10.30 Grit	
10.30 – 11.30 Mobility	10.30 – 11.15 BodyBalance	10.30 – 11.30 Mobility		10.30 – 11.00 BodyBalance	10.30 – 11.30 Dance	10.30 – 11.30 BodyPump
17.15 – 18.00 BodyBalance		17.30 – 18.30 BodyPump	17.15 – 18.15 Rückenfit	17.00 – 18.00 Bodyforming		11.45 – 12.45 Mobility
18.00 – 18.30 Core	17.30 – 18.30 Step	18.45 – 19.15 Mobility	18.15 – 19.00 Shapes	18.00 – 19.00 Mobility		17.30 – 18.30 Yoga
18.30 – 19.30 BodyPump	18.30 – 19.30 Dance	19.15 – 19.45 Grit	19.00 – 19.45 BodyCombat			
19.45 – 20.45 Pilates	19.00 – 19.30 Functional Fit Trainingsfläche					

**Öffnungszeiten:** Mo – Fr 07.00 – 22.30 Uhr | Sa, So & feiertags 09.00 – 20.00 Uhr

**Allgemeine Informationen:** [www.fitnessloft-breisach.de](http://www.fitnessloft-breisach.de) | [/die.Fitness.Lofts](https://www.facebook.com/die.Fitness.Lofts) | [@fitness\\_lofts](https://www.instagram.com/@fitness_lofts)

**Fitness-Loft Breisach** | An der alten Weberei 3 | 79206 Breisach am Rhein | Telefon 07667 – 96 69 70

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# KURSE

Lörrach

GÜLTIG AB 01. OKTOBER 2024

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
09.30 – 10.30 Dance	09.30 – 10.30 Pilates		09.30 – 10.30 BodyPump		09.45 – 10.30 bootyBoost	
10.30 – 11.00 Mobility				10.00 – 10.30 Rückenfit	10.30 – 11.30 World Jumping	10.00 – 11.00 Bodyforming
						11.00 – 12.00 BodyAttack
17.30 – 18.30 Bodyforming		17.30 – 18.00 bootyBoost	17.15 – 18.00 Mobility	17.30 – 18.30 Bodyforming		
18.30 – 19.30 World Jumping	18.30 – 19.30 BodyAttack	18.00 – 18.30 Core	18.00 – 19.00 BodyAttack	18.30 – 19.30 BodyPump		
19.30 – 20.30 Dance	19.30 – 20.30 BodyPump	18.30 – 19.30 Dance	19.00 – 20.00 World Jumping			
		19.30 – 20.30 Pilates				



**Öffnungszeiten:** Mo – Fr 07.00 – 22.30 Uhr | Sa, So & feiertags 09.00 – 20.00 Uhr

**Allgemeine Informationen:** [www.fitnessloft-loerrach.de](http://www.fitnessloft-loerrach.de) | [/die.Fitness.Lofts](https://www.facebook.com/die.Fitness.Lofts) | [@fitness\\_lofts](https://www.instagram.com/fitness_lofts)

**Fitness-Loft Lörrach** | Weiler Str. 7 | 79540 Lörrach | Telefon 07621 – 68 75 20

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GÜLTIG AB 01. OKTOBER 2024

## Haagen

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
						09.30 – 10.30 Bodyforming
					10.00 – 11.00 BodyCombat	10.30 – 11.30 Mobility
17.30 – 18.00 bootyBoost			17.30 – 18.00 bootyBoost	17.30 – 18.30 Mobility		
18.00 – 18.30 Core	18.00 – 19.00 BodyPump	18.00 – 18.30 Core	18.00 – 18.30 Core	18.30 – 19.30 Bodyforming		
18.30 – 19.30 BodyCombat	19.15 – 20.15 Step	18.30 – 19.30 Dance	18.30 – 19.30 BodyPump			
19.30 – 20.30 BodyBalance		19.30 – 20.30 BodyCombat	19.45 – 20.45 BodyBalance			



**Öffnungszeiten:** Mo – Fr 09.00 – 22.30 Uhr | Sa, So & feiertags 09.00 – 18.00 Uhr

**Allgemeine Informationen:** [www.fitnessloft-haagen.de](http://www.fitnessloft-haagen.de) | [f /die.Fitness.Lofts](https://www.facebook.com/die.Fitness.Lofts) | [@fitness\\_lofts](https://www.instagram.com/@fitness_lofts)

**Fitness-Loft Haagen** | Beim Haagensteg 5 | 79541 Lörrach | Telefon 07621 – 59 31 30

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# KURSE

Weil am Rhein

GÜLTIG AB 01. OKTOBER 2024

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
09.30 – 10.00 Mobility	09.30 – 10.30 Bodyforming	09.00 – 10.00 Mobility				
					10.15 – 11.15 BodyPump	
18.00 – 18.30 Core	18.00 – 18.30 Core	18.00 – 19.00 BodyPump	17.30 – 18.30 BodyBalance	18.00 – 19.00 Pilates		
18.30 – 19.30 BodyPump	18.30 – 19.30 Mobility	19.15 – 20.00 BodyBalance	18.30 – 19.30 Dance			
19.45 – 20.45 BodyAttack	19.30 – 20.30 Dance		19.30 – 20.30 BodyPump			



**Öffnungszeiten:** Mo – Fr 07.00 – 22.30 Uhr | Sa, So & feiertags 09.00 – 20.00 Uhr

**Allgemeine Informationen:** [www.fitnessloft-weil.de](http://www.fitnessloft-weil.de) | [f /die.Fitness.Lofts](https://www.facebook.com/die.Fitness.Lofts) | [@fitness\\_lofts](https://www.instagram.com/@fitness_lofts)


**Fitness-Loft Weil am Rhein** | Dreiländergalerie | Europaplatz 1 | 79576 Weil am Rhein | Telefon 07621 – 56 0120

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GÜLTIG AB 01. OKTOBER 2024

## Offenburg

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
	10.00 – 11.00 Mobility		09.30 – 10.15 Shapes		09.30 – 10.30 Pilates	10.00 – 11.00 Bodyforming
			10.15 – 10.45 Mobility		10.30 – 11.30 Zumba	
	17.00 – 17.30 Grit	17.00 – 17.30 bootyBoost				
17.30 – 18.30 BodyPump	17.30 – 18.00 Core	17.30 – 18.30 BodyPump	17.30 – 18.30 BodyPump	17.30 – 18.00 Grit		
18.30 – 19.30 BodyAttack	18.00 – 19.00 Zumba	18.30 – 19.30 BodyBalance	18.45 – 19.45 BodyAttack			18.00 – 19.00 BodyPump
19.30 – 20.30 BodyBalance	19.00 – 20.00 Pilates	19.30 – 20.30 Zumba				

**Öffnungszeiten:** Mo – Fr 07.00 – 22.30 Uhr | Sa, So & feiertags 09.00 – 20.00 Uhr

**Allgemeine Informationen:** [www.fitnessloft-offenburg.de](http://www.fitnessloft-offenburg.de) | [f /die.Fitness.Lofts](https://www.facebook.com/die.Fitness.Lofts) | [@fitness\\_lofts](https://www.instagram.com/fitness_lofts)

**Fitness-Loft Offenburg** | Gustav-Rée-Anlage 2 | 77652 Offenburg | Telefon 0781 – 966 79 10

## Fitness-Loft

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# KURSE

Freiburg

GÜLTIG AB 01. OKTOBER 2024

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
10.30 – 11.30 Bodyforming	09.30 – 10.30 Pilates	09.30 – 10.30 BodyPump	09.30 – 10.30 Mobility	09.30 – 10.30 Pilates		10.00 – 11.00 Bodyforming
11.30 – 12.00 BodyBalance	10.30 – 11.00 Mobility	10.30 – 11.30 Mobility		10.30 – 11.00 Mobility	10.30 – 11.30 Dance	11.00 – 12.00 World Jumping
16.30 – 17.30 Pilates	16.45 – 17.45 BodyPump	17.00 – 18.00 World Jumping	17.15 – 17.45 bootyBoost	16.00 – 17.00 BodyPump		
17.30 – 18.30 BodyPump	18.00 – 19.00 Bodyforming	18.00 – 19.00 BodyPump	17.45 – 18.15 Core	17.15 – 18.15 Dance		
18.45 – 19.45 Dance	19.00 – 20.00 Pilates	19.15 – 20.00 Cardio	18.15 – 18.45 BodyBalance			
	20.00 – 20.30 Mobility		19.00 – 20.00 World Jumping			



**Öffnungszeiten:** Mo – Fr 09.00 – 22.00 Uhr | Sa, So & feiertags 09.00 – 18.00 Uhr

**Allgemeine Informationen:** 📍 [www.fitnessloft-woman.de](http://www.fitnessloft-woman.de) | 📱 @die.Fitness.Lofts | 📷 @fitness\_lofts

**Fitness-Loft Woman** | Mooswaldallee 4 | 79108 Freiburg | Telefon 0761 – 88 15 99 31

**Fitness-Loft**  
WOMAN

# KURSE

GÜLTIG AB 01. OKTOBER 2024

## Emmendingen

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
10.00 – 11.00 Bodyforming		09.30 – 10.15 Shapes	09.30 – 10.30 Pilates	09.30 – 10.30 Pilates		10.00 – 11.00 World Jumping
11.00 – 11.30 Mobility					10.30 – 11.30 BodyBalance	11.00 – 11.30 Core
17.00 – 18.00 BodyPump	17.00 – 17.45 Shapes		16.00 – 16.45 Shapes			
18.00 – 19.00 Dance	18.00 – 19.00 Dance	17.00 – 18.00 Pilates	16.45 – 17.15 Mobility	17.00 – 18.00 Bodyforming		
19.00 – 19.30 bootyBoost	19.00 – 20.00 Bodyforming	18.15 – 19.15 BodyPump	17.30 – 18.30 Dance			
19.30 – 20.00 Core		19.30 – 20.30 World Jumping	18.30 – 19.30 Cardio			



**Öffnungszeiten:** Mo – Fr 09.00 – 22.00 Uhr | Sa, So & feiertags 09.00 – 18.00 Uhr

**Allgemeine Informationen:** [www.fitnessloft-woman-emmendingen.de](http://www.fitnessloft-woman-emmendingen.de) | [@die.Fitness.Lofts](https://www.facebook.com/die.Fitness.Lofts) | [@fitness\\_lofts](https://www.instagram.com/fitness_lofts)

**Fitness-Loft Woman Emmendingen** | Freiburger Straße 4 | 79312 Emmendingen | Telefon 07641 – 96 86 50

**Fitness-Loft**  
WOMAN